

The *Dance* Ground

FALL DANCE SEASON 2025 – 2026

First Steps Classes (Intro to Acrobatics, Ballet, Hip Hop, Jazz, Tap)

BALLET/TAP COMBO

SAT 10:15 – 11:00AM	Ages 2 ½ - 4 yrs	(45 MIN)	LIZ
---------------------	------------------	----------	-----

BALLET/JAZZ COMBO

SAT 11:00 – 11:45AM	Ages 5 – 7 yrs	(45 MIN)	LIZ
---------------------	----------------	----------	-----

BALLET 1X

TUES 4:30 – 5:30	Ages 5 – 7 yrs	(1 hour)	LAURA
------------------	----------------	----------	-------

THURS 4:30 – 5:30	Ages 5 – 7 yrs	(1 hour)	LIZ
-------------------	----------------	----------	-----

JAZZ – FIRST STEPS

TUES 5 :45 – 6:30PM	Ages 5 – 7yrs	(45 MIN)	LYNZEE
---------------------	---------------	----------	--------

HIP HOP – FIRST STEPS

WED 6:30 – 7:15 PM	Ages 5 – 7 yrs	(45 MIN)	JAHZAIRE
--------------------	----------------	----------	----------

CONTEMPORARY

THURS 5:30 – 6:15PM	AGES 5-7 YRS	(45 MIN)	PRISCILLA
---------------------	--------------	----------	-----------

MUSICAL THEATER INTO

THURS 6:15 – 7:00PM	AGES 5-7 YRS	(45 MIN)	PRISCILLA
---------------------	--------------	----------	-----------

ACRO/DANCE

1A - SAT 9:30 – 10:15AM	1A - Ages 2 ½ - 4 yrs	(45 MIN)	BECCA
-------------------------	-----------------------	----------	-------

1X - SAT 10:15 – 11:00AM	1X - Ages 5 – 8 yrs	(45 MIN)	BECCA
--------------------------	---------------------	----------	-------

NEXT STEPS CLASSES

BEGINNER – INTERMEDIATE – ADVANCED

BALLET

MON 5:00 – 6:30PM	LEVEL 3 – 4X W/ POINTE	(1 ½ HOUR)	ANDRE/LIZ
MON 6:30 – 8:00PM	LEVEL 5 – 6 W/POINTE	(1 ½ HOUR)	ANDRE/LIZ
TUES 4:30 – 5:30PM	LEVEL 1X – 2	(1 HOUR)	LAURA
TUES 5:45 – 6:45PM	LEVEL 2X – 3	(1 HOUR)	LAURA
WED 5:00 -7:00PM	LEVEL 4X – 6	(2 HOURS)	PRISCILLA
THURS 4:30 – 5:30PM	LEVEL 1X – 2	(1 HOUR)	LIZ
THURS 5:30 – 6:30PM	LEVEL 2X-3	(1 HOUR)	LIZ
THURS 5:00 – 6:00PM	LEVEL 3 X– 4X	(1 HOUR)	ANDRE
THURS 6:00 – 7:00PM	LEVEL 5-6	(1 HOUR)	ANDRE
SAT 10:00 – 11:00	LEVEL 2X – 3X	(1 HOUR)	PRISCILLA
SAT 12:00 – 1:30	LEVEL 4X – 6	(1 ½ HOUR)	PRISCILLA

POINTE

MON 5:00 – 6:30PM	LEVEL 1/2	(1 ½ HOUR)	LIZ/PRISCILLA
MON 6:30 – 8:00PM	LEVEL 3	(1 ½ HOUR)	LIZ/PRISCILLA
WED 5:00 – 7:00PM	LEVEL 2/3	(2 HOURS)	PRISCILLA
THURS 6:30 – 7:00PM	LEVEL 1/PRE POINTE	(30 MIN)	LIZ

JAZZ

TUES 4:45 – 5:45PM	JAZZ 2/2X	(1 HOUR)	LYNZEE
TUES 5:45 – 6:30PM	JAZZ 1	(45 MIN)	LYNZEE
TUES 6:30 – 7:30M	JAZZ 3/4	(1 HOUR)	LYNZEE
TUES 7:30 – 8:30PM	JAZZ 5	(1 HOUR)	LYNZEE

STRENGTH

THURS 7:00 – 8:00PM	LEVEL 3/4	(1 HOUR)	ANDRE
SAT 12:00-12:45 PM	LEVEL 1/2	(1 HOUR)	ANDRE

MUSICAL THEATER

MON 8:00 – 9:00PM	LEVEL 5	(1 HOUR)	ANDRE
THURS 6:15 – 7:00PM	LEVEL 1	(45 MIN	PRISCILLA)
THURS 7:00 – 7:45PM	LEVEL 2/2X	(45 MIN)	PRISCILLA
THURS 8:00-9:00PM	LEVEL 3/4	(1 HOUR)	ANDRE

CONTEMPORARY

TUES 6:45 – 7:30PM	LEVEL 2/2X	(45 MIN)	SUSIE
TUES 7:30 – 8:30PM	LEVEL 3/4	(1 HOUR)	SUSIE
TUES 8:30 – 9:30PM	LEVEL 5	(1 HOUR)	SUSIE
THURS 5:30 – 6:15	LEVEL 1	(45 MIN)	PRISCILLA

HIP HOP

WED 5:15 – 6:15PM	HIP HOP 2	(1 HOUR)	JAHZAIRE
WED 7:15 – 8:15PM	HIP HOP 4	(1 HOUR)	JAHZAIRE
WED 8:15 – 9:15PM	HIP HOP 3	(1 HOUR)	JAHZAIRE

ACROBATICS

SAT 11:00 – 12:00	ACRO 2/2X	(1 HOUR)	BECCA
SAT 11:00 – 12:00	ACRO 3	(1 HOUR)	ANDRE
SAT 1:30 – 2:30	ACRO 4	(1 HOUR)	ANDRE

TAP

TUES 6:45– 7:30PM	TAP 1	(45 MIN)	LAURA
WED 6:15 – 7:15PM	TAP 2/2X	(1 HOUR)	ZACH
WED 7:15 – 8:15PM	TAP 3	(1 HOUR)	ZACH
WED 8:15 – 9:15PM	TAP 4	(1 HOUR)	ZACH
THURS 7:00 – 8:00	ADULT TAP	(1 HOUR)	RENEE

VOCALS AND PRIVATE LESSONS – PRIVATE AND GROUP LESSONS AS SCHEDULED

SPECIALTY AND MASTER CLASSES - TBD AND SCHEDULED

TEAM REHEARSALS

BREAKING GROUND REHEARSALS SAT 1:15 – 2:15 (FRIDAY OR SUNDAY IF NEEDED OR SCHEDULED for choreography)

JETS REHEARSALS SAT 2:00 – 6:00PM – (FRIDAY OR SUNDAY IF NEEDED/SCHEDULED/ Choreography scheduled as needed.